# W04 Project: Proposal

## Victoria Massela

Project Subject: Healthy Food That Is Still Tasty

Project Description:  
This website will provide information on how to prepare healthy meals that don’t compromise on flavor. It will include three pages:

* An introduction to healthy eating principles and benefits.
* A collection of tasty, easy-to-make healthy recipes with nutritional information.
* Tips for meal planning, ingredient substitutions, and maintaining a balanced diet.

Project Reason and Purpose:  
I chose this topic because eating healthy can sometimes feel boring or bland, and I want to show that nutritious food can be delicious too. The website aims to encourage people to adopt healthier eating habits by providing approachable and flavorful meal ideas.